



BREAKING NEWS

## Ellyn Daniels: Emotional Terrorism

August 23rd, 2017 | by [admin](#)



Rating: ★★★★★

As the title suggests, this explosive one woman show charts Ellyn Daniels' battle with bulimia, mild alcoholism, sexually transmitted diseases and finding salvation through stand up comedy

In her debut show, *Emotional Terrorism*, Daniels fuses theatre and stand-up comedy to recount the trials and tribulations of a girl trying to make it in life. From the minute she bursts onto the stage, she delves straight into her troubled past, taking the audience on a whirlwind journey from Orlando to Africa. Daniels does well to make light of her situation, keeping the audience laughing at even the darkest moments. She has a natural satirical wit when it comes to breaking such taboos

*Emotional Terrorism* feels like a therapy session for both Daniels and the audience. It's raw, honest and hilarious, but also very touching. One exceptionally moving moment sees Daniels watch her younger self dancing, and when she tells us she's decided to take one last shot at fame through stand-up, you can't help but root for her.

Ellyn Daniels performs with unflinching emotion and touching vulnerability, detailing her life and her eventual acceptance of herself without a hint of self pity but with fantastic introspection and humour.

Words: *Claire Jack*

**Ellyn Daniels: Emotional Terrorism, Just the Tonic at The Caves, Aug 18-26, 9pm**

2017 4 stars comedy Edfestmag Ellyn Daniels: Emotional Terrorism Fringe just the tonic Review